Linda Benskin shifted her focus from pediatric nursing to wound management to meet the diverse needs of her patients during five years living in a remote area of Ghana, West Africa. While in Ghana, she developed a self-supporting village health worker training program and wrote a comprehensive textbook for villagers: Handbook for Health Care in Developing Countries. The clear need for sustainable wound management solutions in this challenging environment led to her quest for a deeper understanding of the basic principles and physiology underlying wound healing.

Dr. Benskin’s presentations about how pain and inflammation influence healing stem from her concern for palliative care patients and individuals suffering from chronic pain. She is currently the Clinical Research, Education, & Charity Liaison for Ferris Mfg. Corp. (makers of PolyMem dressings). Dr. Benskin’s independent research in the field of sustainable wound management for rural areas of tropical developing countries was awarded a Wound Healing Foundation grant.

Dr. Benskin has taught informally and given formal presentations at international and local conferences, in classrooms, in webinars, in hospitals, and under mango trees in small villages, with audiences ranging from experienced surgeons to barely-literate villagers, across six continents.

In her leisure time Linda especially enjoys wilderness canoe trekking and snorkeling with her husband, Richard, who is also her research associate and technical specialist.